

**Union Sacramento FC  
February 2017  
Club Newsletter**



**Stay Up-To-Date with Union Sacramento FC**

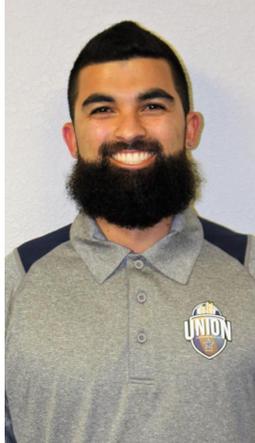
Welcome to all of our new U9-U11 families that have joined us for this upcoming season. We look forward to getting to know your player and family better as the 2017-2018 season gets underway.

We are excited to provide you with some updates about our teams, coaches, players and club.

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**Introducing our U12-U14 Coaching Staff:**

**BOYS:**



## **U12/ '06 and '06 Grey-Brady Nunes**

Brady has coached competitive youth soccer in Sacramento and in his hometown of Maui, Hawaii for several years. Brady has his NSCAA National Diploma, ACF Fiorentina Certificate along with CYSA D and E licenses. Brady has played soccer at the semi-professional level, national level and collegiate level. Brady's coaching philosophy is to create a positive training environment for each player to reach their maximum potential. We are pleased to have Brady back on board for another season with Union FC.



## **U13/'05- Brandon Cavitt**

Brandon is our Director of Coaching and has coached youth soccer at all levels for many years in the community. Brandon played at the collegiate level, semi-pro level and had a professional soccer career throughout the United States. Brandon most recently earned his La Liga Methodology Formation -Level 3 certification along with many other NSCAA diplomas including the NSCAA Premier Diploma. We are proud to have Brandon with us at Union Sacramento FC.



## **U13/'05 GREY-Conrad Garcia**

Conrad has coached competitive soccer in the Bay Area and Sacramento area for

several years. He has his NSCAA National Diploma, NSCAA Level 1 Diploma, USSF E/D License, NSCAA Goalkeeping Certified Levels 1-3. Conrad is also one of the Union FC goalkeeper trainers. We are excited to have Conrad join us again for the 2017-2018 season. Conrad speaks fluent Spanish and is a great asset to our club and families.



### **U14/'04-Antonio Sutton**

Antonio has coached competitive youth soccer for 20 plus years. He has NSCAA Advanced National Diploma, NSCAA National Youth Diploma, CYSA coaching License. Antonio is currently one of the Assistant Coaches with the [Sacramento Republic](#), he is also currently the Rio Americano Boys Varsity soccer coach and the Didion Middle School coach. He is the former head coach of the California Cougars Pro Soccer Team. Antonio has played professionally for the Sacramento Knights, Philadelphia Kixx, Dallas Sidekicks, La Furia de Monterrey (Mexico), Cleveland Force, California Cougars and the San Diego Sockers. Antonio is the Union FC Director of U14-U19 boys teams. Antonio is an integral part of our club and we are excited to have him on board for the 2017-2018 season.



### **U14/-04 Grey-Luis Ramirez**

Luis has his NSCAA National Diploma, NSCAA National Youth Diploma, and his CYSA E/D License. Luis has coached youth competitive soccer in the Sacramento area since 1994. Luis' coaching philosophy is to have players work hard while having fun. Union FC is looking forward to the 2017-2018 season with Luis at the helm on the '04 Boys Grey.

## **GIRLS:**



## **U12/'06-Brandon Cavitt**

Brandon is our Director of Coaching and has coached youth soccer at all levels for many years in the community. Brandon played at the collegiate level, semi-pro level and had a professional soccer career throughout the United States. Brandon most recently earned his La Liga Methodology Formation -Level 3 certification along with many other NSCAA diplomas including the NSCAA Premier Diploma. We are proud to have Brandon with us at Union Sacramento FC.



## **U12/'06 Grey-Marcelo Antonelli**

We want to welcome Marcelo to the Union FC family for the 2017-2018 season. Marcelo has both international and collegiate coaching experience as well as playing experience. Marcelo is currently the First Assistant Coach for [UC DAVIS WOMENS SOCCER](#). Marcelo is a Brazilian native and has coached internationally in Italy, Brazil and England. Marcelo coached at the D1 collegiate level in Pennsylvania for 8 years before moving to California and joining the UC Davis women's soccer staff. We can't wait to see Marcelo and his team on the pitch this upcoming season.



## **U13/'05-Rozie DeWeese**

Rozie most recently received her La Liga Formation Methodology Course - Level 3, she also has the following certifications and licenses: NFHS Fundamentals of Coaching Certificate, Advanced Fiorentina Certificate, Positive Coaching Alliance (PCA) Double

Goal Coach, USSF B Coaching License, NSCAA Premier Diploma (GP), USSF National Youth License, NSCAA Level I & II Goalkeeping, USSF National Youth License and her Coerver Coaching Youth Diploma. Rozie played soccer at the collegiate level and has coached youth soccer at a variety of levels from recreational to collegiate soccer for the last 20 plus years. Rozie is the Union FC Director of U14-U19 Girls teams and we are looking forward to the 2017-2018 season with Rozie on board.



## **U13/'05 Grey-Sarah Cortez-Elliott** **U14/'04-Sarah Cortez-Elliott**

We are proud to have Sarah return to Union FC for the 2017-2018 season. She is a well-rounded coach as she has played the game, coached the game and officiated the game. Sarah holds the following licenses and certifications:

ATC (Athletic Training Certification)

EMT (Emergency Medical Certification)

USSF Soccer Referee (State 6 since 2013)

NCAA/NAIA Soccer Referee (Collegiate Soccer Referee)

USSF E/D License

NSCAA Soccer Level 6 Coaching License

NSCAA National Diploma

Sarah received a full ride athletic scholarship to play soccer at a D1 college so she knows what it takes to get players to the next level. We look forward to seeing Sarah on the field with her teams for the upcoming season.

If you haven't done so yet, you can register for tryouts for the 2017-2018 season here:

[U12-U14 TRYOUT REGISTRATION \(2004-2006 PLAYERS\)](#)

[TRYOUT DATES, TIMES, LOCATIONS](#)

Stay tuned: tryout registration for U15-U19 players will open soon.

Tryouts for U15-U19 age groups begin in May 2017.

*If your player missed our U9-U11 tryouts, please email*

## Union FC Players on the move.....



Congratulations to Union FC players that have signed letters of intent to play soccer at the next level.

Morgan Rohmann and Nadia Vazquez both play with Union FC on the '98/'99 Girls team coached by Todd Dunbar and Rozie DeWeese. Morgan has signed with Southern Oregon University and Nadia with Sierra College.

Best of luck girls in your next endeavor!

**Morgan Rohmann: Southern Oregon University**

**Nadia Vazquez: Sierra College**

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## Union Sacramento FC Player Spotlight



This month we are featuring **Cooper Wherry** who was nominated by coach Antonio Sutton. Cooper plays on the Union FC '00 NPL boys team coached by Antonio Sutton. Cooper has also played on the Cal North ODP team for the 2015 and 2016 seasons.

We recently caught up with Cooper and asked him a few questions about his competitive youth soccer experience so far:

**What is one piece of advice you would give a younger soccer player?**

*One piece of advice I would give to a younger soccer player is, "If you want to advance in your soccer career, you can never stop improving all aspects of your game, because it doesn't matter if you are on the right path, there will always be someone trying to pass you up."*

**Can you name a coach or mentor who has stood out in your life so far?**

*Two coaches have played an important role in my development as a competitive soccer player. First is Coach Juan Fresquez, because he was my first competitive coach and he introduced me to a higher level of soccer. The other is Coach Antonio Sutton, because he has helped me develop my mental piece of the game. He has helped me to understand seeing the field as a series of different outcomes and not just a game of open space.*

**What is your favorite memory from your youth soccer experience so far?**

*My favorite memory so far from playing competitive youth soccer is winning the U15 2015 Las Vegas Mayor's Cup.*

**Tell us a little bit about your ODP playing experience.....**

*Playing for the CAL North ODP Team during the 2015 and 2016 seasons, allowed me to experience a whole new level of coaches and competition. It also gave me the opportunity to be selected and go to the ODP Western Regional Camps in Oregon and Idaho.*

**Why is Union FC the right club for you?**

*Union FC is the right club for me because of the skilled and knowledgeable coaches, the amount of exposure to various colleges and I'm very comfortable with my teammates because of their high level of skill and play.*

**A big thank you to Cooper for taking the time to answer our questions! Best of luck to him and the '00 Boys NPL team as they get ready to return to play with Union FC after their high school soccer seasons.**

# UNION FC TEAM UPDATES

We still have a few teams competing in the final round of U11-U12 State Cup:

**'06 Boys** coached by Brady Nunes-will play in the State Cup Finals on 2/12/17

**'05 Boys** coached by Brandon Cavitt- will play in the State Cup Finals on 2/12/17

**'05 Girls** coached by Rozie DeWeese- will play in the State Cup Finals on 2/12/17



Great job to those teams and best of luck as they complete their seasons playing in State Cup Finals!

Best of luck to our U14 Boys teams in upcoming events:

**'03 Boys NPL** coached by Antonio Sutton will travel to Las Vegas 2/18-2/20/17 to compete in the [Las Vegas Mayors Cup International Showcase](#). They are scheduled to play top teams from Illinois and Arizona.

You can follow their progress in Las Vegas here: [03 BOYS NPL SCHEDULE](#)

**'03-'04 Navy Boys** coached by Conrad Garcia will close out their NorCal Winter League season this weekend.



## U9-U11 Registration Reminder

You've accepted your player's spot on the team, now what?

We need a few things from you before the new season begins:

--US Club registration form (click below to download)

[US CLUB YOUTH REGISTRATION FORM](#)

**(new and returning players)**

--head shot photo of your player in jpeg format (**new players only**)

--scanned copy of their birth certificate (**new players only**)

*Our coaches should be in contact soon about upcoming team practices.*

You can email all the required documents to me:

[lori@unionsacramentoafc.org](mailto:lori@unionsacramentoafc.org)

**For the Good of the Game....**  
*(each month we will feature a feel good sports moment)*

Our neighbors in the Bay Area city of Oakland are using the beautiful game of soccer to inspire an entire community.

Check out a clip from Futbolistas 4 Life documentary:



Futbolistas 4 Life Trailer

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**See what's happening on our social media sites:**

