



STAFFING UPDATE:

We are excited to welcome Marcus Mercado to Union Sacramento FC.



Marcos will join Union Sacramento FC as the *U12-U13 Boys and Girls Director and will coach the 2004 Boys and 2005 Boys.*

Marcos can be reached directly at marcos@unionsacramentofc.org

We sat down with Marcos and asked him a few questions about his coaching career, his vision for the future and his philosophy about the game.

(Q) Give us some background about your playing and coaching career....

In short, I started playing at the age of 4 and played competitively until I was 51. I have played for fun and for money. I always played my best possible no matter the stakes and no matter the odds. I have coached at many levels and earned many different licenses along the way. I'm looking forward to bringing my skills and varied experiences with me to Union Sacramento FC.

(Q) How did soccer change your life?

My grandfather was a goalkeeper before soccer was professionalized and only stopped playing for family reasons. My father was at Club Deportivo Guadalajara when Chivas was the best in Mexico, which allowed me the advantage of playing in their youth system. I woke up every day and put on my soccer uniform and went to mass with my grandfather and prayed to be a footballer or in the game for life. Futbol is and has been key in my life always!

(Q) What excites you the most about joining Union Sacramento FC?

It is a homecoming for me personally. I coached for both RCU and BOCA. I am still lucky enough to be hired to assist in establishing our program to compete with the best.

(Q) If you could give some tips to players looking to improve their game, what would it be?

Stay humble, work hard, it takes a lifetime to make a player and knowing yourself is key, so play within yourself.

(Q) What is your best piece of advice for parents watching from the sidelines?

Relax and enjoy, all the action happens between and inside the white lines.

(Q) What is your coaching philosophy?

The game is the best teacher. The game model is where it all starts from training and preparation, and we would have no youth sports without the kids. They are our most valued asset. Kids first and uncompromising futbol.

(Q) What are your main goals your first season with Union Sacramento FC?

I will focus on my tasks as they are handed to me. I will do my job with passion to the best of my ability every day. I am looking forward to the opportunity to make our club better one step at a time. I always remember the following saying: "The ox is slow, yet the Earth is patient." In short, we will plot along getting better each day.

Read more about Marcos here: [MARCOS MERCADO BIO](#)

We are excited to provide our members and the community a new program serving players born between 2009-2011.



UNION FC "CUPPIES"

Union Sacramento FC is proud to introduce our youngest soccer players - boys and girls born 2009-2011 - to our newest program, Union FC's Cuppies. This informal, fun program is a great way to get your player back on the soccer field, check out Union FC and meet new soccer friends!

Union FC Cuppies is simply a fun, fast-paced soccer competition. Cuppies consist of 3v3 or 4v4 fast paced games to small goals. This format allows players to become creative while enjoying the game, score often, compete, get maximum touches on the ball and make new friends.

For each Union FC Cuppies event, random teams are formed with the players present. Games are 10 minutes in length and players can expect to play as many games as we can fit into the event. All skill levels are welcome to Cuppies, and you don't need to have a player in our club

to join Cuppies - so sign up below to check us out!

Most events are held in the spring, summer and winter months. All events however, will be posted to the website in advance, and pre-registration is recommended. "Cuppies" is \$5 per event and someone always wins!

We look forward to seeing your player on the soccer field for one of our upcoming Cuppies events!

EVENT LOCATION:

LARCHMONT COMMUNITY PARK
2449 STANSBERRY WAY
SACRAMENTO 95826

Spring Dates:
SUNDAY, MAY 7TH
SUNDAY, MAY 14TH
SUNDAY, MAY 21ST

10:00 AM-11:00 AM

Summer and Fall Dates: TBA

[REGISTER HERE](#)

[Read more about Union FC Cuppies](#)



U15-U19 Tryout Dates/Times/Locations Announced: (players born between 1999-2003)

[Register Here](#)

TRYOUTS GIRLS & BOYS - 03, 02, 01, 00, 99 AGE GROUPS

Monday 5/22/17 at Larchmont Community Park

Girls on Field 1; Boys on Field 2
5:00-6:30 pm: 2001 and 2003 players
7:00-8:30 p m: 2002, 2000 and 1999 players

Tuesday, 5/23/17 at Larchmont Community Park

Girls on Field 1, Boys on Field 2
5:00-6:30 pm: 2001 and 2003 players
7:00-8:30 p m: 2002, 2000 and 1999 players

Thursday, 5/25/17 at Larchmont Community Park

Girls on Field 1; Boys on Field 2

5:00-6:30 pm: 2001 and 2003 players
7:00-8:30 p m: 2002, 2000 and 1999 players



**Congratulations to the
Union FC '01 Boys coached by Antonio Sutton.**

**Based on their impressive Fall League NPL results they qualified to play in the NPL
Champions League for their Spring season.**

**You can read more about them and their competition here:
[U16 Boys Champions League](#)**



**As many of our teams begin their new seasons, please take a minute to read over
some tips from US YOUTH SOCCER about sideline behavior.**

[US YOUTH SOCCER SIDELINE TIPS](#)

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Here are a few helpful links to websites that you might want to reference this season:

[NORCAL PREMIER \(find team schedules here\)](#)

[GOTSOCCKER \(find team details here\)](#)

[BLUE SOMBRERO ACCESS \(access your online account here\)](#)

CONTACT THE FOLLOWING CLUB STAFF WITH QUESTIONS:

Question about your online payment account:
contact Union FC Treasurer; Rene Viergever
rene@unionsacramentofc.org

Question about club administration or registration:
contact Union FC Administrator/Registrar; Lori Kennedy
lori@unionsacramentofc.org

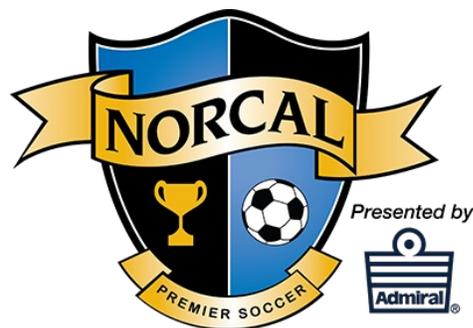
Question specific to your team
always contact your coach first,
if follow-up is needed--contact the following Coaching Directors;

U9-U11 Boys and Girls-Brandon Cavitt
U6-U8 Youth Academy-Brandon Cavitt
brandon@unionsacramentofc.org

U12-U13 Boys and Girls-Marcos Mercado
marcos@unionsacramentofc.org

U14 and above Boys-Antonio Sutton
antonio@unionsacramentofc.org

U14 and above Girls-Rozie DeWeese
rozie@unionsacramentofc.org



NorCal Premier Soccer featured our '01 Boys, '00 Girls and '01 Girls this past weekend at H Allen Hight for their weekly NPL match previews.

The video highlights from their matches will be posted soon here:

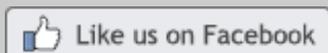
[NPL MATCH PREVIEW](#)

Join me in sending birthday wishes to our players born in April.



Devin A.	Laird B.	Elexis B.	Ligaya C.
Avery D.	Ian D.	Katherine D.	Ernie E.
Sophia F.	Diego F.	Adrian G.	Francisco G.
Luis G.	Sophia G.	Alex H.	Nate H.
Colby H.	Theodore K.	Brady K.	Weslie K.
Natalie L.	Lauren L.	Molly M.	Chase M.
Vanessa M.	Matt M.	Dalilah O.	Sarah P.
Kelli P.	Jacob S.	Allison S.	Gurpreet S.
Isaac S.	Colin T.	Kaylie V.	Lillian W.
Jake W.	Cooper W.	Justin Y.	Jake Y.

See what's happening on our social media sites:



Help us spread our message, forward to a friend:



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