



We are excited to announce our amazing coaching line-up for our U15-U19 TEAMS:



Boys

- 03B NPL - Antonio Sutton
- 03B Grey - Conrad Garcia
- 02B NPL - Derrick Thomas
- 02B Grey - Gustavo Aceves
- 01B NPL - Antonio Sutton
- 01B Grey - Luis Ramirez
- 00/99B NPL - Antonio Sutton
- 00/99B Grey - Josh Palone

Girls

- 03G NPL - Chris Handsor
- 03G Grey - Chris Handsor
- 02G NPL - Todd Dunbar & Rozie DeWeese
- 02G Grey - Todd Dunbar
- 01G NPL - Rozie Deweese

Union Sacramento FC Cuppies



We are excited to provide our members and the community a new program serving players born between 2009-2011.

Estamos muy contentos de ofrecer a nuestros miembros y la comunidad un nuevo programa para los jugadores nacidos entre 2009-2011.

SUNDAY, MAY 14TH (Cancelled in honor of Mother's Day)

SUNDAY, MAY 21ST

SUNDAY, JUNE 4TH (added session)

10:00 AM-11:00 AM

LOCATION:

LARCHMONT COMMUNITY PARK

2449 STANSBERRY WAY

SACRAMENTO 95826

DOMINGO 14 DE MAYO (Cancelado en honor del Día de la Madre)

DOMINGO 21 DE MAYO

DOMINGO 4 DE JUNIO (sesión adicional)

10:00 AM-11: 00 AM

UBICACIÓN:

PARQUE COMUNITARIO LARCHMONT

2449 STANSBERRY WAY

SACRAMENTO 95826

[REGISTER HERE](#)

If you need a refund for the cancelled 5/14 session, please email Rene Viergever at rene@unionsacramentofc.org. If not, your player will be automatically added to the June 4th session.



**UNION FC TRYOUTS
(Players born 1999-2003)**

**New and Returning players should register
U15-U19 PLAYERS**

[Register for Tryouts Here](#)

Monday 5/22/17

**Larchmont Community Park
Girls on Field 1; Boys on Field 2**

**5:00-6:30 pm: 2001 and 2003 players
7:00-8:30 p m: 2002, 2000 and 1999 players**

Tuesday, 5/23/17

**Larchmont Community Park
Girls on Field 1, Boys on Field 2**

5:00-6:30 pm: 2001 and 2003 players
7:00-8:30 p m: 2002, 2000 and 1999 players

Thursday, 5/25/17
Larchmont Community Park
Girls on Field 1; Boys on Field 2

5:00-6:30 pm: 2001 and 2003 players
7:00-8:30 p m: 2002, 2000 and 1999 players

COACHES SPOTLIGHT

We recently caught up with new Union FC coach; Marcelo Antonelli.

Marcelo is in his first season with us coaching the Union FC '06 Girls Grey. The '06 Girls Grey are off to a fantastic start in their Spring League season with 4 wins and 1 tie.



Coach Marcelo
Antonelli

1) Please tell us a little bit more about yourself.....

I grew up in Brazil, playing soccer and futsal. I went to college there, studying physical education sports training, because I already knew that I wanted to be a coach. However, after college I still wanted to play, so I went to Italy where I played Futsal for 5 years. I came to America at the age of 31 when I tore my PCL and decided that my playing career was over. I lived in Pennsylvania for 7 years, where I was coaching a women's college soccer team. During that time, I met my wife, Jenny. We moved to California in 2015.

2) What is your favorite coaching memory?

Every experience coaching is amazing; all of the interactions with passionate players. Of course, titles are easy to remember. While coaching in Brazil, there was one state and one national title that were very special. Another great memory was when the college team I was coaching in PA won the conference for the first time and went to the NCAA tournament.

3) What is your coaching philosophy?

To create an environment of development. That means, to use all possible strategies to enhance the players' knowledge and passion for the game. Of course, depending on the age and skill level, these strategies may be very different from each other, but the end game is the same: to have a good time and develop into a better player and person.

4) What is your favorite part of coaching?

I love:

- preparing sessions,
- watching high level games and analyzing them thinking on how to apply that to my teams...and the best part... interacting with the players.

5) What is your expectation for your players and parents this season?

- 1- Treat others like you would like to be treated.
- 2- Try your best.
- 3- Follow the basic team rules that we have.
- 4- Develop.
- 5- Have fun!

Keep up the great work Marcelo and the '06 Girls Grey!



UNION FC TEAM SPOTLIGHT

Congratulations to the Union FC '03 Girls, coached by Brandon Cavitt, who continued their spectacular play into the NorCal State Cup Quarterfinals with a 1-0 victory over FC Elk Grove.



NorCal Premier Soccer described their Quarterfinal match against FC Elk Grove as follows:

In a match where both sides defended extremely well, only a 74th minute strike from Lexi Rakela proved to be the difference in the game as Union continued their dream run for at least one more week. NPL 1 side FC Elk Grove continued

their string of solid defensive efforts in allowing just one goal in each of their knockout round games, but ultimately were done in by their inability to break down Sacramento's defense in the final third.

[NorCal Quarterfinal Recap](#)

Best of luck to the girls in their upcoming match on May 13th in Davis as they will face PAJARO VALLEY YSC PV UNITED 03G RED in the NorCal State Cup Semi-Finals.

UNION FC INTERNATIONAL TRIP

The Union FC 00 / 01 combined girls team traveled to Vancouver, Canada over the Easter weekend to compete in the Topp Western Canada Showcase. The team came away with a 2 win and 1 loss record and had the opportunity

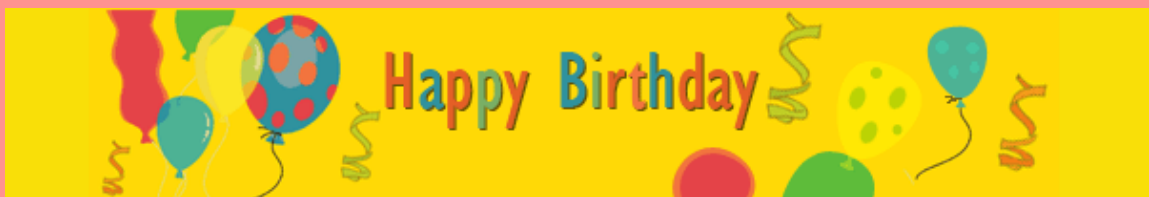


to play in front of over 25 NCAA and CIS coaches. The group of 30 plus players, parents and coaches who made the trip also had the opportunity for some sight seeing and fun activities, which included riding the sky train to BC Place Stadium to watch the Vancouver Whitecaps FC take on Clint Dempsey and the Seattle Sounders in an MLS Match. They also visited the First Nations Totem Poles at Stanley Park, Steveston Fisherman's Wharf and the eateries at Granville Island.

"The opportunity to travel together as a team and to compete internationally was an invaluable, and unforgettable positive life experience. Having the chance for our players to interact with CIS coaches and to learn more about college soccer opportunities abroad was also a fantastic eye opener. In addition to the soccer development and showcase aspect of the trip - this was a great overall opportunity to build even stronger soccer friendships within our club! Thank you to all the parents who traveled and who helped manage all of the details of the trip - you are so much appreciated!" - Rozie DeWeese, Girls Director, u14 - u19, Head Coach 00G NPL, 01G NPL, 05G Premier.



Union FC 00/01 Girls Combo Team
Union FC Coaches: Rozie DeWeese & Todd Dunbar



Please join us in wishing a happy birthday to the following Union FC players born in May:

Abby B.	Nathan B.	Jack W.	Miriam A.	Simeon R.	Claire M.	Andrew N.	Julia S.
Cash L.	Natalee C.	Lucas N.	Vicenzo M.	Collin W.	Jason K.	Kieran N.	Galaxy M.
Grace L.	Patrick B.	Jackson S.	Adrian Z.	Kyle N.	Jack L.	Alexandra L.	Sienna J.
Misael C-R	Stephen H.	Daniel S.	Catherine B.	Josie G.	Ryan Y.	Jake L.	Alex R.
Chris R.	Caitlin G.	Keoni M.	Caleb W.	Ben K.	Logan B.	Shannon W.	Lainey S.
Emiliano L.	Jordyn D.	Anthony G.	Keoni M-P	John H.	Tania P.	Alan R-H	Konnor R.
Jossielyn V.	Allison F.						

JUST FOR FUN:

The secret behind your favorite soccer crest is revealed, Sports Illustrated cracks the code.

SECRET MEANINGS OF SOCCER CRESTS



Shout out to all the Union FC Moms out there making a difference every day in the lives of our players.

Need a last minute gift for Mom? Check out the cool t-shirts available at [Extreme Soccer and Rugby](#).

9 times out of 10 children get their awesomeness from their ~~mother~~ **Soccer mom**




your  cards
someecards.com



Happy Mother's Day from Union Sacramento FC!

See what's happening on our social media sites:

 Like us on Facebook

 Follow us on **twitter**

 View on Instagram

Help spread our message, forward to a friend:



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